

## **PREPARATION FOR IRC OR SIGMOIDOSCOPY PROCEDURES**

**IF YOUR PROCEDURE IS SCHEDULED BEFORE  
12:00 PM, DO NOT EAT OR DRINK ANYTHING AFTER  
MIDNIGHT THE NIGHT BEFORE.**

**-OR-**

**IF YOUR PROCEDURE IS SCHEDULED AFTER  
12:00 PM, YOU MAY HAVE CLEAR LIQUIDS UP TO  
6 HRS BEFORE YOUR PROCEDURE.**

**\*\*\*IF YOU ARE A SMOKER, PLEASE REFRAIN FROM  
SMOKING ON THE DAY OF YOUR PROCEDURE.**

**\*\*\*ALL PATIENTS WHO TAKE BLOOD PRESSURE,  
HEART AND THYROID MEDICATIONS MUST TAKE  
THEM ON THE DAY OF THE PROCEDURE WITH A SIP  
OF WATER.**

**\*\*\**NO DRIVING ON DAY OF YOUR PROCEDURE.  
THANK YOU.***

**\*\*\*CANCELLATIONS MUST BE MADE WITHIN 24 HRS. OR  
THERE WILL BE A FINE OF \$100.00.\*\*\***

**YOUR PROCEDURE IS ON\_\_\_\_\_AT\_\_\_\_\_**